

To discover

PLACES

Creating a healthier environment for our children



Tiny but Mighty is a healthy and organic food caterer with an emphasis on kid's meals. Its main target is to deliver healthy balanced meals to schools, cafeterias, daycares, institutions and homes, as well as to cater any event using certified organic products and high quality ingredients, all homemade from scratch, well monitored and served fresh daily. A tiny retail shop will be conveniently accessible for takeaway of healthy meals, snacks, desserts and bread. Its central kitchen is operational, according to the ISO 22000 for food safety and highly equipped to conform to international standards.

Bayada
Tel 04 444864
info@tiny-mighty.com

Oslo: Made in Heaven

Finally Oslo has opened a shop on the main street of Beirut's up and coming district of Mar Mikhael. With 80 flavors ice cream, 30 different cookies, and a variety of angel fruit and pound cakes, this shop is not just made in heaven, but a slice of it! Well worth a visit.

Mar Mikhael
Tel 01 576464
Opening hours 11 – 8pm

Oliviers & Co



The Oliviers & Co boutique at Beirut Souks has holdings around the world including Paris, London, New York and Berlin, and has now opened in Lebanon to provide customers its "Grands Crus" olive oils, truffles, specialty olive oils, olive pastes, condiments and many other creations bearing the signature of some of the world's greatest chefs.

Beirut Souks
Tel 01 990349



PRODUCTS

We shed the light on some healthy products that help you get through the coming social season.

Qi Juices



Qi Juices in Beirut offers 1, 3 and 5 day clean made of fresh-pressed organic fruit and vegetable juice. You can also buy single-serve juices to keep in your fridge whenever you need a boost! All their juices are 100% gluten and dairy free. They do the washing, cutting, pressing, bottling and delivering. You do the drinking. Simple enough!

Tel 01 427704
info@qijuices.com

Arak El Rif Zero Alcohol

Selected from the finest grapes and anise seeds, Arak El Rif is a noble Lebanese spirit which has been savored in Lebanon since 1900. The art of producing this arak lies with an extremely secret formula and technique developed by the previous generation of producers. As you want to enjoy a few glasses of arak without worrying about driving, El Rif has now produced its first zero alcohol arak. This is great news for those who have no desire to drink alcohol but want to enjoy its great taste!

Found in any large supermarket