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| Address: *Awkar, Haret-el-Belaneh, Naous Bldg, Lebanon* Phone Number: *(03) 569103 (04) 541366 (03) 815149*Email Address: *elkhoury.rose@gmail.com* |
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**ROSE S. ELKHOURY EID**

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| **Objective** |
|  | To obtain a challenging job. Presentable, skillful, perseverant, hard worker, motivated, and capable of working in a team. |
| **Education** |
|  | October 2009-February 2011 **Continuous Educational Center –AUB,** Beirut, LebanonMarketing Management Certificate* Courses in principles of marketing, sales management, advertisement and market research

June 2008 **Ministry of Health**, Beirut, LebanonRegistered Dietitian License2004 - 2007 **American University of Beirut**, Beirut, LebanonBS in Nutrition and Dietetics* Dean’s Honor List for Spring 2004/2005, Fall 2005/2006, Spring 2005/2006, Fall 2006/2007, Spring 2006/2007
* Graduated with distinction (GPA = 86.6)

2000-2004 **St. Joseph School**, Cornet Chehwan, Lebanon  *Life Science Baccalaureate*1989-2000 **Jesus and Mary School**, Rabweh, Lebanon |
| **Work experience**  |
|  | September 2015 /present**Jesus and Mary School, Rabweh, Lebanon***Science teacher* * Grades 4 and 5
* Part time

August 2014/present**Nutrition consultant,** **Freelancer*** Article writer
* Nutritional adviser

June 2013/June 2014 **Internal Security Forces**, Roomieh, Lebanon*Quality control and nutrition consultant** Creating and implementing food safety policies and procedures
* Supervising food production and storage areas
* Temporary project

August 2009/ April 2013**Nutrition and Diet Center,** Verdun, Lebanon*Clinical Dietitian** Part of Mrs. Sawsan Wazzan's team
* Educate and advise a wide range of patients with dietary-related disorders on the practical ways in which they can improve their health by adopting healthier eating habits.
* Counseling and menu preparation for weight loss, underweight, diabetic, hypertensive, hypercholesterolemia, uremic, pregnancy, lactation, pediatric cases
* Calculate patients' nutritional requirements using standard equations based on assessments of blood chemistry, mobility and other relevant factors.
* Preparing and presenting the weekly live radio show “ Ma atiab tahiat sawsan” on Voice of Lebanon 93.3 FM which discusses the latest nutritional and food safety topics and answers listener’s questions live
* Involved in training interns in their clinical rotation at diet center
* Involved in the assessment and menu preparation of members of TV programs like Gladiators, Ford Super Models and Ahmar bil khat el arid
* Involved in training kitchen staff on hygiene standards.
* Involved in seminar preparations and presentations(launching new programs at NDC)
* Teaching students at RHS nutritional classes throughout the school year
* Involved in the marketing plans of NDC
* Project manager of the “21 day detox diet program”

April 2009/August 2009 **Droguerie Medapharm**, Gemmayzeh,Lebanon*Medical Representative** Vitamins and food supplements
* Grand Beirut region

March 2009/August 2009 Therapeutic Dietitian  **Phlame Center,** Jal El Dib, Lebanon* Patient counseling upon appointment

September 2008  **AUB-MC**, Beirut, Lebanon*Therapeutic Dietitian* * Staff relief for 1 month
* In charge of the following sections: medicine floor, delivery floor, outpatient clinic, ICU

October 2007/August 2008  **AUB-MC**, Beirut, Lebanon Trainee* Part of the internship program of nutrition and dietetics in the dietary department at AUB-MC
* Involved in the following rotations: food service (purchase, receiving, storage, HACCP), nutrition department administration, clinical (pediatric, Saint Jude, CCU, RCU, ICU, medicine, surgery, bone marrow transplantation, pregnancy, delivery, kidney room, outpatient clinic, diabetic clinic), staff relief
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| **PROJECTS,WORKSHOPS**  |
|  | * Final Year Project in Community Nutrition (2007): *Survey of Eating Habits of Students at AUB*
* Seminar at AUB (2007): Omega 3 and CVD
* Case Presentation at AUB-MC internship(2008): *Protein Energy Malnutrition in Hemodialysis Patients*
* Food guide pyramid and food safety educational sessions for Home of Hope Orphanage (2008)
* Workshops
* 2015: Differentiated learning strategies @ Haigazian University
* 2016: SMEC @ AUB
* Multiple Intelligences @ Jesus and Mary school
* Classroom Management @ Jesus and Mary school
* 2017: SMEC @ AUB
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| **EXTRACURRICULAR ACTIVITIES** |
|  | * Member of Nutrition Student Society at AUB (2004-2005-2006-2007)
* Volunteer @ St. Jude’s Children Cancer Center (2005-2006)
* Member of phoenix group, crisis relief project (2007): trainings in first aid, food safety, psychological care.
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| **Computer Literacy**  |
|  | Operating Systems: *Windows 95, 98, 2000, XP, Excel, PowerPoint* |
| **Languages** |
|  |  Fluent in spoken and written English, French, and Arabic |
| **Hobbies** |
|  | Walking, Cycling, Music, Outdoors.  |
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| **Personal Data** |
|  |  Name: *Rose S. El Khoury Eid* Date of Birth: *Sept 20, 1986* Nationality: *Lebanese* Gender: *Female* Social Status: *Married* |
| **References** |
|  | REFERENCES AVAILABLE UPON REQUEST |